

ELIGIBILITY

1. A student shall represent a college only on the following conditions:
 - a) If he/she is a bonafide student of the college/institution under Gauhati University.
 - b) If he/she is not above 25 years of age on 1st July, 2024.
 - c) Only TDC and PG class participants will be allowed to participate in the tournament.
2. Each of the players shall have to submit the following documents at the time of registration:
 - a) College Identity Card (upto date)
 - b) A recent passport size colour photograph duly signed by the Principal.
 - c) Certificate for age proof viz.HSLC Admit Card/ Aadhar Card / PAN Card etc. must be produced by candidates in original. (no duplicate copies will be accepted)
3. The enclosed proforma of the eligibility of the players duly signed by the principal of the college must be submitted in duplicate to the Organizing Committee at the time of registration.
4. A player who has appeared in a University Examination and has been waiting for the declaration of the result shall be allowed to play for the college from which he/she appeared in the examination as a regular student.
5. The Organizing Committee will take appropriate decision/action on receipt of any complaint, problem in black and white regarding age of players, playing conditions etc. The complainant shall have to follow certain procedures to lodge any kind of complaint.
6. The decision of the Organizing Committee shall be final and binding in all respects.
7. The area of jurisdiction in case of any dispute shall be Tezpur.

INFORMATION ON EXPENSES

1. Each participant team shall bear the traveling expenses of its own contingent.
2. A participating college has to pay a registration fee of Rs.300/-for each participant.
3. Lodging of the teams will be arranged by the Organizers.
4. Fooding and Lodging facilities will be available only on 22nd and 23rd of April, 2024.
5. The participating team must show the receipt (duplicate copy) of the GU Sports Board affiliation fee. If the participating team has not paid the affiliation fee, they have to pay Rs 1000/- as GU Sports Board affiliation fee.

IMPORTANT INFORMATION

1. The participants are requested to go through detailed information uploaded on the college website www.tezpurcollege.com
2. The proforma of eligibility of participants can be downloaded from the college website.
3. The filled up proforma for eligibility of participants duly signed by the Principal of the respective colleges should be submitted through mail to– tezpurcollege.5aug1965@gmail.com on or before **17th of April, 2024**. The original copy should be submitted at the time of registration.
4. The participants should also bring upto date College Identity Card, Certificate of age proof duly attested by the Principal and a recent passport size photograph.
5. The participating colleges must bring their respective college flag and submit at the time of registration.



GAUHATI UNIVERSITY INTER COLLEGE POWERLIFTING & WEIGHTLIFTING TOURNAMENT, 2024

Date : 22nd–23rd April, 2024



Organised by
**TEZPUR COLLEGE, TEZPUR,
ASSAM**



Organising Committee
**GAUHATI UNIVERSITY INTER COLLEGE
POWERLIFTING & WEIGHTLIFTING
TOURNAMENT, 2024**

To

The Principal

.....

.....

Subject : Participation in Inter College Power lifting & Weight lifting Tournament - 2024

Sir/Madam,

It is a matter of immense pleasure to inform you that Gauhati University Sports Board has accorded permission to Tezpur College, Tezpur to organize the Inter College Power lifting & Weight lifting Tournament 2024. Accordingly, the tournament is scheduled to be held on 22nd and 23rd of April, 2024 at Tezpur College Indoor Hall.

Therefore, you are requested to confirm participation of your college in the said tournament on or before 17th of April 2024. The final list of participating colleges for the tournament will be prepared and uploaded on the college website after getting confirmation from the respective colleges.

All necessary details in connection with the tournament are enclosed herewith. Anticipating your positive response and participation from all colleges.

Thanking you
Yours Sincerely

Dr. Kisholoy Choudhury
Mr. Dhanjit Pathak
Mr. Ram Prabesh Sahani
Secretary(s),
Organizing Committee

Dr. Jyoti Kamal Hazarika
Principal
Tezpur College Tezpur

ELIGIBILITY FORM FOR PARTICIPANTS

Name and Address of the College:-

Name of the Prof. in charge:-

Manager / Coach:-

Contact no. of Prof. in charge:-

Name of the Player	Category	DOB	Year of Passing HSLC	Present Class	Roll No	Signature	Recent Passport Size Photo

N.B. Institutions participating in the events should use separate eligibility forms for both Boys and Girls (Power lifting & Weight lifting)

- Certified that the above particulars are true as per records of the college and they are not employees, whole time or part time anywhere.
- The scanned copy of duly filled in form should be mailed to

tezpurcollege.5aug1965@gmail.com

RULES AND REGULATIONS FOR POWER LIFTING & WEIGHTLIFTING

1. The tournament is open for both Boys and Girls.
2. Reporting, Registration, Weighing and other verification will be done on **22nd of April, 2024** from 8 a.m. onwards.
3. The mode of the power lifting tournament will be Raw (unequipped) lifting.
4. Wearing of proper power lifting & weight lifting dress is mandatory for all participants.
5. The participants should abide by the rules formulated by Indian Power lifting Federation and Indian Weightlifting Federation.
6. In the event of any dispute, the decision of the technical committee will be final and binding.
7. Participants are required to bring their own wrist band, knee cap, belt and other accessories.
8. Colleges can send only one participant for each category (Boys and Girls separately)
9. Weight classification:

MEN SECTION

Power Lifting: 59kg, 66 kg, 74kg, 83kg, 93kg, 105 kg, 120kg, +120kg

Weight lifting: 55kg, 61kg, 67kg, 73kg, 81kg,+81 kg

WOMEN SECTION

Power Lifting: 47kg, 52 kg, 57kg, 63kg, 69kg, 76kg, 84kg, +84kg

Weightlifting: 45kg, 49kg, 55kg, 59kg, 64 kg, +64 kg

Seal & Signature of
the Principal